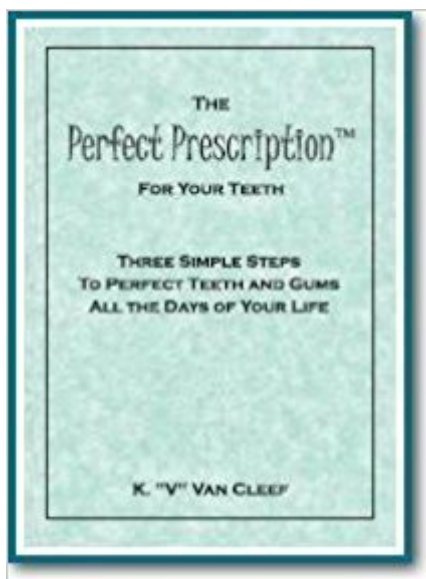


The book was found

The Perfect Prescription For Your Teeth



Synopsis

In this book: ã ¢ What personal product you're using daily that is ruining your teeth and gums as well as a natural replacement that'll rebuild your damaged enamel and soft tissue.(Page 57) ã ¢ The one liquid that prevents cavities and how you can use it to achieve perfect dental checkups everytime. (Page 26) ã ¢ The only thing that cleans teeth and gums effectively. Your spouse or companion will find your mouth and lips kissable again. (Page 19) ã ¢ Why your teeth are sensitive and how a simple technique can solve that problem so you can enjoy ice cream and cold drinks again without pain. (Page 33) ã ¢ How to get rid of gum pockets by avoiding this one thing. Just think, no more threats from the dentist about expensive and painful surgery for receding gums. (Page 14) ã ¢ Why bad teeth are NOT genetic and how you can help your children remain free of cavities for life. (Page 12) Bothered by gum problems, cavities, and osteoporosis? ã ¢ The surprising foods that really help your teeth and gums, foods that taste good, too. (Page 50) ã ¢ The one ingredient NO ONE is talking about that prevents osteoporosis. (Page 42) ã ¢ How dental visits may cause cavities. Learn the questions to ask your dentist before accepting traditional procedures. (Page 20) ã ¢ What alternative health professionals have no idea about. (Page 43) ã ¢ Whether or not you really need a multivitamin daily. (Page 46) ã ¢ How the deficiencies of a strict vegan diet can lead to serious tooth and gum problems and what you must do to regain health in your mouth. (Page 48) "The Perfect Prescription For Your Teeth" also reveals easy, inexpensive steps to... ã ¢ Saving LOTS of \$\$\$ money on toothpaste, mouthwash and other dental hygiene products ã ¢ Developing strong, decay resistant teeth and perfect gums for life ã ¢ Taking supplements properly so your body will absorb the nutrients ã ¢ Building antibody structures that kill viruses and bacteria ã ¢ Getting rid of bad breath for good and more.

Book Information

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Customer Reviews

In this book: [What personal product you're using daily that is ruining your teeth and gums as well as a natural replacement that'll rebuild your damaged enamel and soft tissue.](#) (Page 57) [The one liquid that prevents cavities and how you can use it to achieve perfect dental checkups everytime.](#) (Page 26) [The only thing that cleans teeth and gums effectively. Your spouse or companion will find your mouth and lips kissable again.](#) (Page 19) [Why your teeth are sensitive and how a simple technique can solve that problem so you can enjoy ice cream and cold drinks again without pain.](#) (Page 33) [How to get rid of gum pockets by avoiding this one thing. Just think, no more threats from the dentist about expensive and painful surgery for receding gums.](#) (Page 14) [Why bad teeth are NOT genetic and how you can help your children remain free of cavities for life.](#) (Page 12) [Bothered by gum problems, cavities, and osteoporosis?](#) [The surprising foods that really help your teeth and gums, foods that taste good, too.](#) (Page 50) [The one ingredient NO ONE is talking about that prevents osteoporosis.](#) (Page 42) [How dental visits may cause cavities. Learn the questions to ask your dentist before accepting traditional procedures.](#) (Page 20) [What alternative health professionals have no idea about.](#) (Page 43) [Whether or not you really need a multivitamin daily.](#) (Page 46) [How the deficiencies of a strict vegan diet can lead to serious tooth and gum problems and what you must do to regain health in your mouth.](#) (Page 48) "The Perfect Prescription For Your Teeth" also reveals easy, inexpensive steps to... [Saving LOTS of \\$\\$\\$ money on toothpaste, mouthwash and other dental hygiene products](#) [Developing strong, decay resistant teeth and perfect gums for life](#) [Taking supplements properly so your body will absorb the nutrients](#) [Building antibody structures that kill viruses and bacteria](#) [Getting rid of bad breath for good and more.](#)

This book came, the size is 4" x 5.5"x1/4". Of course, we don't judge the content by the size of the book. There are only three main ideas: don't brush teeth with commercial toothpaste (but tooth soap, which I don't intend to buy), take supplements with multi-vitamins and minerals, & eat well (organic food) to feed your teeth, I read Weston Price's book probably would benefit you more.

It's helpful with practical tips, and a lot of surprise for me to realize many misleading in dentistry. Now I have started to follow those steps to help protect my teeth.

Wish I'd had this one when I still had kids! But now I'm finding a new way via this book for maintaining what I do have. This little book is packed with information that I found so helpful in addition to the main points. It is so helpful to not feel so helpless in relation to dental advice from my dentist. I highly recommend this little gem, and the product the author has come up with to implement the prescription.S. Kangas

I tried the advice in the book and found my teeth have felt better and healthier almost right away. The only place I differ with is that I am a vegan and she advocates the use of dairy products (in a raw milk form which is better than the usual homogenized). I suspect that many people will agree with her.

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